# **FACIAL MENU**

**♥** DiamondGlow

FACIAL TREATMENT + RELAXING FACIAL

Reveal your radiance. The DiamondGlow $^{TM}$  device is a general dermabrasion device that gently removes the top layer of skin and delivers topical cosmetic serums. Leaves skin instantly renewed and offers continued results with each treatment. We have 5 serums to choose from:

TNS Advanced Skin Brightening Ultra Hydrating Vitamin C Pore Clarifying 200 175 150 150 150 150

### **♥ The SaltFacial** 225

A 3-step process to Replenish, Restore, and Rejuvenate. Replenish and nourish skin at the deepest levels with the vital nutrients that are in sea salt, plus Cavitation Ultrasound and high powered LED Phototherapy. One of our most popular facials.

### **♥** Micro-needling 399

Need resurfacing? Creates micro channels in the skin so you can absorb any antioxidant or serum we choose. Add PRP for \$299

### ♥ Dermaplane & Gel Peel 125

Removes fine villus hair and mildly exfoliates the epidermis. With the extra kick of a mild hydroxyl acid, you will see brightening, a minimizing in the appearance of surface lines, smoothing out of rough skin, and helps with mild acne!

### **→ Just-for-You Facial** 89

A customizable facial that can be adjusted to your specific facial needs. This is a popular facial and is great for teen acne.

### ₩ Hydrafacial \$55 add on dermaplane is highly recommended pre-facial

This treatment deeply cleanses, exfoliates, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid. 6 to choose from:

Signature Restorative Radiance Age Refinement Clarifying Platinum 185 275 225 225 200 325

### **Keravive Scalp Treatment** 325 per session (minimum of 3 treatments recommended)

HydraFacial Keravive<sup>TM</sup> is a unique and relaxing 3-step treatment designed to cleanse, stimulate, and nourish your scalp and hair follicles for fuller, thicker, healthier-looking hair.

# **PEELS**

#### Mild No Peel

Chemical Peels: Jessner \$85 | Glycolic \$85 | Salicylic \$85 | Vitamin C \$85 | SkinMedica Illuminize Peel \$125 | ZO Stimulator Peel \$175

### Medium Peeling could occur for up to 3 days but not all skin types peel

SkinCeuticals Layered Peels \$149 SkinMedica Vitalize Peel \$150 | SkinMedica Rejuvenize Peel \$225

### Mid Level Agressive Peeling starts to occur 2-3 days after application and peels for 3-5 days

Vi Peel \$450 | Advanced Corrective SkinCeuticals Peel \$225 | ZO 3-step Peel \$250

### **Medical Grade** Peeling starts to occur 2-3 days post application with sheet peeling for 3-5 days TCA peel \$225

#### **BioRePeel C13**

The BioRePeel completely bypasses the epidermis and works from the inside out without causing the typical peeling associated with chemical peels. Safe for all skin types and areas of the body (including intimate) \$225

### **ADD-ONS:**

20-minute Intragen treatment \$150, Dermaplane \$60, LED treatment \$35, Wax brow or lips \$15 Paraffin dip \$15, Perk face \$50, Perk lips \$45, Perk eyes \$50, Lymphatic drainage \$25

# LASHES

### **Eyelash Extensions**

### Classic Full Set \$175 (2 hours)

One lash extension is applied by isolating one natural eyelash at a time to achieve a natural effect.

Classic Lash Fill: 1-2 weeks (1-14 days) \$60 (1.5 hours) 3-4 weeks (15-28 days) \$80 (2 hours)

### Hybrid Full Set \$200 (2 hours)

A mix of Classic and Volume lashes. Results are fuller than the Classic.

Hybrid Lash Fill: 1-2 weeks (1-14 days) \$70 (1.5 hours) 3-4 weeks (15-28 days) \$90 (2 hours)

### Volume Full Set \$250 (2 hours)

2 or more extensions are handmade into a fan shape to 1 natural lash to create a dramatic, fluffy appearance

Volume Lash Fill: 1-2 weeks (1-14 days) \$85 (1.5 hours) 3-4 weeks (15-28 days) \$100 (2 hours)

Removal \$20

Lash Lift & Tint \$125 (lasts 6-8 weeks) Brow Wax & Tint \$40 (lasts approx. 4 weeks)

## PERMANENT MAKEUP

Brows or eyeliner - 2 sessions \$650 Additional sessions \$150 Lips Blushing - 2 sessions \$899 Addional sessions \$375

We use 3 different techniques: microblading - rotary machine - soft tap.

# WAXING

Brows\$15	Full face \$55	Bikini\$65
Face (per area) \$15	Brazilian \$75	Chest/back/other\$65 & up

# SUGARING

Brazilian	.\$80	Chin	. \$20	Half leg	. \$90
Bikini	. \$70	Full face	. \$55	Sideburns	. \$20
Extended bikini	. \$65	Full back	. \$80	Underarms	. \$40
Brow	. \$20	Full leg	\$130	Add on stomach line	. \$10



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# LASER

### PicoLazer \$350 per session

This state-of-the-art laser treats pigmentation, wrinkles, and acne scars with minimal downtime.

IPL Photo Facial \$275 (Requires 5-6 treatments 4 weeks apart. Price shown is per treatment.)

Treats rosacea, nose veins, red scarring, brown spots. Stimulates collagen for skin rejuvenation.

### IPL Body \$275 No more than 3-6 treatments required.

Treats sunspots on your hands, back, shoulders, and arms.

1540 Fraxel \$599 (Requires 3-6 treatments 4 weeks apart. Price shown is per treatment.)

Scar removal, stretch marks, wrinkles, skin pigmentation, melasma, skin resurfacing, collagen stimulation, skin tag removal, nose veins, fine lines and wrinkles.

### Laser Sclerotherapy 30 minutes \$250, 45 minutes \$325, 60 minutes \$400

Treats varicose and spider veins

(Price varies depending on amount of time spent on area. Requires 2-3 treatments 8-12 weeks apart. Prices shown are per treatment.)

### Clear + Brilliant \$475

Deeper than a facial and treats hyperpigmentation, pore size, and aging. Our best upkeep laser procedure.

### Co2 Fractional \$799

For mild to moderate sun damage, fine lines and wrinkles, acne scars & surgical scars, skin rejuvenation

Edge Surgical: pricing starts at \$150 per session. Removes, Moles, Freckles, Blemish, Wart, Verruca Plana, Soft Fibroma (skin Tag), Milium (milk spot) (Milia), Syringoma, Calllus.

### Co2 Hands Scan \$250 per session

Get smoother, younger-looking skin with more even pigmentation of the hands.

### Hollywood Facial \$250

GET the GLOW and GO with the Hollywood Laser (AKA Carbon Laser Peel). You'll get radiant, refreshed, exfoliated, softer, smoother and firmer skin!

#### Skin Classic \$175

An energy-based device alternative to laser that treats skin irregularities such as broken capillaries, cherry angiomas, keratosis, skin tags, hyper-pigmentation, milia, sebaceous hyperplasia, and acne.

Vaginal Co2 \$750 Treats dryness and atrophy (3 treatments recommended)

Vaginal RF Internal \$750, External \$500 Both \$999 (3 treatments recommended)

Treats urinary incontinence and vaginal laxity, internally and externally.

### LASER HAIR REDUCTION

<b>Upper lip</b> \$95	Bikini \$115
<b>Chin</b> \$115	Abdomen \$200
Brow/eyebrows \$54	Back \$200
<b>Sideburns</b> \$115	Brazilian \$135
Full Face\$250	Full legs \$500
<b>Under arms</b> \$115	Half legs \$400

Hair must be dark brown or black.

Requires 8-10 treatments for ultimate results.

1064 Laser available for dark skin types

### TATTOO **REMOVAL**

Pricing is per session and is based on the tattoo size. 3-10 treatments is common for most tattoos. Purchase 4 treatments for a discount.

SIZE	PER SI	PER SESSION		
1x2"	\$99	\$74/session when purchasing 4		
2x2"	\$150	\$112/session when purchasing 4		
3x3"	\$200	\$150/session when purchasing 4		
4x4"	\$250	\$187/session when purchasing 4		
6x6"	\$360	\$270/session when purchasing 4		

# **BODY**



Small cycles \$600 • Large cycles \$900 Consultation required for price quote



The CoolSculpting procedure safely delivers precisely controlled cooling to gently and effectively target the fat cells underneath the skin. Treated fat cells are crystalized (frozen), then die. Over time, your body naturally processes the fat and eliminates them. We use the Z Wave for superior results.

## cooltone

Packages: 6 cycles \$1200; 8 cycles \$1800; 12 cycles \$2400

 $CoolTone^{TM}$  uses Magnetic Muscle Stimulation (MMS) to selectively deliver strong pulses to muscle tissues in a noninvasive manner. It is FDA-cleared to strengthen, tone, and firm the abdomen, buttocks, and thighs.

## RF SKIN TIGHTENING

**Pixel8-RF** Face and Neck, \$699, Eyes \$499, Face, Neck and Eyes \$899 Stimulates collagen and provides dramatic skin tightening and skin rejuvenation. Safe for all skin types

**Thermage FLX** Face and Neck \$2500; Eyes \$1500

Uses a focused radio-frequency energy to strengthen collagen in your skin for a smooth and sleek look.

**IntraGen** Face and Neck \$500; Eyes \$275

RF technology stimulates your body's natural collagen by sending a current deep into the subcutaneous tissue. You start to have tightening in 4-6 weeks, with results lasting up to 6 months.

## CELLULITE

**Z Wave** \$50 per area, package of 12 \$750

The Z Wave uses radial pulse therapy - elongates the collagen band that causes cellulite.

**Thermage FLX** \$2500 per treatment \*one treatment area, e.g. buttocks, thighs, stomach. Add Z Wave for enhanced results

Also, see our Body Wrap Menu



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## MEDICAL SPA **INJECTABLES**

### **TOXINS**

Prices will vary depending upon the amount of units used.

\$10.00 per unit, average cost is \$230 per area **Jeuveau** \$11.75 per unit, average cost is \$240 per area Botox \$4.00 per unit, average cost is \$235 per area **Dysport** 



FILLERS Fillers add volume and create a more youthful appearance

### **JUVÉDERM**

Iuvéderm Juvéderm Voluma® Juvéderm Volbella or Ultra XC **Juvéderm Smile** 1 mil syringe \$675 1 mil syringe \$725 1 mil syringe \$675 1 mil syringe \$825

### **RESTYLANE**

Restylane® Restylane® Lyft Restylane® Kysse Restylane Eyelight \$499 1 mil syringe \$675 1 mil syringe \$825 1 mil syringe \$725 **Restylane Skinboosters** \$499

**REVANESSE** Revanesse Versa 1 mil syringe \$675 Revanesse Lips 1 mil syringe \$675

**Kybella** \$650 per vial (minimum of 2 needed)

Treats fat under the chin and other pockets of unwanted fat such as jowls, knees, bra fat

PRP face lift: Per vial \$499 PRF face lift: Per vial \$499. Consultation required.

### PCDC An injection to reduce fat (same active ingredient as Kybella). Minimum of 2 sessions are required.

**Bra Fat.....** \$299 per session Submental (chin) ....... \$299 per session **Jowels.....** \$199 per session Lower Abdomen/large body parts ...... \$399 per 3 mls

### RFAD I IF

A nonsurgical technique used to subtly lift areas of the face or body using dissolvable sutures to tighten and lift the skin.

Pricing includes a set amount of threads used in an average threading procedures. If your clinician feels that you need more or less threads pricing will vary.

#### FACE AND NECK

Brow Lift \$1500 Full Face \$3000 (Min. price)

Full Face and Neck \$4000 (Min. price) Lip Flip \$175

Rhino Lift \$2500 Midface \$2000

Neck \$1750.00

ADD PRP or PRF \$499 per vial

### **BODY**

**Breast Lift** \$2500-3000 Abdomen \$2500-3000 Knees \$2000-3000 **Butt Lift** \$2000-2500

### EXUAL WELLNESS

PRP or PRF Shots \$1200 per treatment

Enhances sexual function in men and treats erectile dysfunction, enhances sexual function for women & helps with urinary incontinence.

Wellness from the inside out



**Drip infusions** (AKA Vitamin IV therapies) are a perfect way to give back to your body, mind and soul. We put ourselves to the test each day, whether it's through playing sports, working out, having one too many drinks, or just not drinking enough water.

Whether you get a drip a few times a week or once a month, you will be happy you did!

**Drip infusions** deliver nutrients directly to the bloodstream and makes them instantly accessible by the body for use, offering almost 100% absorption vs. oral supplements that offer 30-80%.

### Bar men



#### **IMMUNE BOOST**

Help boost your immune system. \$137



### HARDY!

There's no magic pill to cure a hangover, but this drip sure does help! \$155



#### **METABOOST**

Ignite your metabolism. Great for weight loss.



#### JOLENE'S DRIP

This drip has it all, everything but the kitchen sink in a 1,000 mil solution. \$189



### **PERFORMANCE** & RECOVERY

Recover, rehydrate. Replenish. Repeat. \$149



#### **RED CARPET READY**

Get beautiful from the inside out. This drip is great for post-covid hair loss. \$205



#### **HYDRATION**

Because hydration is always a good idea! \$90



#### **ZYNERGY**

Our spin on the classic! Get an energy boost and treat your body with this mix of antioxidants, vitamins and minerals \$175



#### SAFE GUARD **RESPONDER**

Shield your immune system. \$185



#### **CLEANSE** & DETOX

Reset & replenish with B Vitamins, Glutathione IV push, L-Lysine, & Vitamin C \$160



#### VITALITY BOOST

Boosts focus. stamina, and mood. \$170



#### **B-LEAN**

Turn fat into energy, boost metabolism and lift mood with B vitamins and L-Taurine \$149



### **NAD+ THEPADY TREATMENTS**

#### NAD+ 25 ma

Single shot \$45 Package of 4 \$162 (10% savings) Package of 8 \$306 (15% savings) Package of 10 \$360 (20% savings)

#### NAD+ 50 mg

Single shot \$75 Package of 4 \$270 (10% savings) Package of 8 \$510 (15% savings) Package of 10 \$600 (20% savings)

#### NAD+ IV

\$550. This is a 2-4 hour slow drip to avoid increase in heart rate.

### **BENEFITS OF** NAD THERAPY



- Protects the brain
- · Boost cognition
- Increased energy
- DNA repair Anti-aging effects
- Combat depression

### ADD ODS ADD EDHADGEDS.

**TORADOL** Anti-Inflammatory Medical Booster \$20 **ZOFRAN** Anti-Nausea Medical Booster \$15 TRI-IMMUNE Immune Booster \$15

ALPHA LIPOIC ACID Antioxidant

ARGININE Muscle growth & strength B-COMPLEX Blood, brain, burn CARNITINE Heart, brain, and muscles MAGNESIUM Heart and nerve SELENIUM Immune booster

TAURINE Boosts physical performance GLUTAMINE Heal and build

GLUTATHIONE Liver lover

VITAMIN C Immune and collagen boost

7INC Reduce inflammation and immune boost

### add & amp it up!

Rev Up-B12 Beauty Boost-CoQ10 Skinny Shot-B12/Lipo Happiness-VIT D3 Superhero-Glutathione, Ascorbic Acid & Zinc



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# **WEIGHT LOSS**

All programs include menus and weekly weigh ins

Peptides may or may not be available depending on FDA regulation. Please check with the MediSpa and Body Shop for availability.

## **Semaglutide** Tirzepatide \$499 per month \$699 per month

A once-a-week simple and easy injection. The shots help with appetite, and also help stabilize blood sugar and metabolism.

How they work: decreases food intake, delays gastric emptying, reduces glucagon levels, increases insulin sensitivity, enhances first and second phase insulin secretion. This helps you feel full longer, so you consume fewer calories without feeling deprived.

### How to get started

To find out if these medications are suitable for you it is as easy as 123.

Step 1 You must have current blood work panels, and there are specific panels that are needed. If you have current blood work panels call or text us and we'll take a look at what you have and see if it's what we need. If not, a blood work order can be given if you have insurance. Or you can have your blood drawn at the MediSpa, if you do not have insurance.

**Step 2** After bloodwork panels are back, we will get you scheduled with an appointment to meet one with one of our nurse practitioners. Our nurse practitioners will go over the blood work with you and, if all is well, you can get started that same day.

**Step 3** Three is maintenance; you take one shot weekly and that can be given at home or you can come in and receive it. Every three months you'll need to meet with the nurse practitioner again and in between you'll meet with one of our Weightloss Managers.



### MD WEIGHT LOSS

& WELLNESS CENTER

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# **Basic Customized Plan** \$175 per month

The secret to BodyShop MD Weight Loss and Wellness Center is our individualized plans, specifically catered to your needs and personal goals.

### Olympia Weight Loss Kit \$425 per month

Uses a combination of Naltrexone, Sermorelin, Lipo-Trim SL and a low calorie intake to achieve optimum result. (you will be giving yourself daily injections). Price includes the kit and a nurse practitioner visit. Prescription appetite suppressants are available, if needed.

## **UnCraveRx Program** \$799 per month

The UnCraveRx program includes sustained release Naltrexone pellet therapy, and an app that helps you create healthy habits through nutritional advice and lifestyle behavioral support, and personal health coaching.

### Add Ons Skinny shot \$25

Increases liver function and helps your body metabolize fats quicker. Increases energy and mood!

The staff at Bodyshop MD Weight Loss and Wellness Center combine the most reliable weight loss practices today to provide you a unique weight loss regime.

Bodyshop MD Weight Loss and Wellness Center was formed to provide its patients a safe, effective weight loss management system. Permanent weight loss is achievable once you take time and make a commitment.

Our promise to you is to provide the "TLC" often missing in other weight loss programs.



### HORMONE REPLACEMENT

# PELLET **THERAPY**

Get back to the Real You!

## Do you need hormone therapy?



Do you have a difficult time focusing at work and home?



Do you have a hard time sleeping? Are you tired, anxious, depressed or cranky?



Are you gaining weight for no apparent reason?



Are you tired of taking medications for sleep, anxiety and depression that just aren't working?

If you answered yes to any of the above, it could be a hormone imbalance!



THERAPY

### Starts at \$350

**REQUIRES** A CONSULTATION

> CALL OR TEXT 575-762-4147



Scan for videos and more information.



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### Swedish | Pre-Natal | Deep Tissue | Reiki

30 minutes .....\$60 90 minutes .....\$125 60 minutes ......\$85 120 minutes ......\$175

Quick Fix \$40 A 25-minute targeted tension relief using a massage percussion gun Requires no undressing. Ideal for neck and shoulder pain and perfect for someone on the go or for a quick recharge at lunch.

Cranial/Coup de Cranial \$65 30 minute neck, shoulders, or face treatment The Pampered Foot \$75 45-minutes. Includes foot scrub, reflexology, and foot massage



Four 60-min massages \$300 Four 90-min massages \$460





### **ADD ONS \$15**

Hot Stone One of the best ways to enhance relaxation and melt away tension during a massage.

CBD (1-2 areas) The "gold standard of deep relaxation, deep muscle and fascia release, injury treatment, pain relief, skin hydration, and more." Added benefits include reduced anxiety and improved circulation.

Foot Scrub Removes dead skin cells, reduce calluses, improves circulation, relieves muscle tension standing and walking all day.

Rapid Relief Percussion Therapy Treatment

Cupping Cupping therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin to create suction. It serves many purposes, including to help with pain, inflammation, blood flow, relaxation and well-being, and as a type of deep-tissue massage.

Hot Oil Scalp Treatment Warm Jojoba oil seals the cuticle by adding moisture to the hair follicle which can help repair and prevent split ends and brings life back to your locks.

Foot Mask Intense hydration that soothes dry skin with an infusion of aloe vera and vitamin E.



## WRAPS/EXFOLIATION

### De-Stress & Detoxify Body Wrap \$150 75 minutes

Refresh and hydrate your skin with a deeply relaxing and detoxifying full-body treatment that is richly nourishing and enhanced with deep-water silts and key essential oils to melt your tension away.

### Clarifying Detox Body Wrap \$150 75 minutes

Replenish and soften rough skin with therapeutic salts from the Dead Sea and promote detoxification by extracting pore clogging impurities with organic silts. Then clear the mind with an aromatherapy customized massage that will protect and smooth using skin enhancing nutrients.

### Deep Sea Detoxify Me Body Wrap \$150 75 minutes

Stimulate and soften skin with therapeutic salts from the Dead Sea, and improve texture with Black Baltic Body Mud containing organic fresh water silts. A massage with light, silky botanical creme leaves skin feeling smooth and intensely moisturized.

### Solutions 4 Deluxe Body Wrap \$225 90 minutes

Solutions 4 medical grade detoxifying wrap. Lose 4-14 inches per treatment. Lose 4-14 inches and, since this is not a water loss wrap, the inches lost will remain gone with a healthy diet and exercise. Also improves the appearance of cellulite and increases circulation to the lymphatic system to aid in the elimination of toxins.

## FULL BODY SCRUB

\$150 60 minutes

Relax and rejuvenate while exfoliating and revealing smoother skin, stimulating blood flow, dextoxifying, and deeply hydrating and nourishing your skin. Leave glowing!







