THE BENEFITS of Dr. Emma’s Diet

- Sustained muscle and lean tissue
- Reported anecdotal loss of appetite
- Rapid weight loss
  (approximately 1/2 lb to greater than 1 lb per day - results may vary)
- There is no limit to how long you can be on the diet
- Very low occurrence of rebound, no dependency and a positive effect on metabolism

DR. EMMA’S DIET PACKAGE INCLUDES:

As a patient you will receive the following for one single cost:

- Physical Exam and Medical Evaluation
- Blood Work and EKG
- Diet Training and 30 days of Medication
- Ongoing Weigh-ins and Dietary Counseling
- Dr. Emma's Diet Guide, Daily Food Journal and Delicious Dieting Cookbook
We now offer patients a new effective weight loss treatment which combines small regular doses of HCG (Human Chorionic Gonadotropin) and an individually supervised restricted-calorie diet.

We do not use the Simeon HCG diet but rather use the protocols of Dr. Sheri Emma, MD.

Dr. Emma speaks regularly on the subject of HCG on the Dr. Oz Show, CNN and Sirius XM.

Getting started is EASY!

CALL
575-935-0721

EMAIL
medispa@medispabodyshop.com

DROP BY
1901 W. 21st St., Clovis
Mon.-Fri. 9:30am-5:30pm Sat. 10am-2pm

clovismdweightloss.com

575.935.0721

TOLL FREE: 833.724.7260

Dr. Emma's Diet Program combines a customized low calorie diet with specific medical dosing of HCG. HCG is a natural protein hormone that acts as a precursor in the bodies of both men and women to produce hormones such as testosterone, estrogen, progesterone, and thyroid hormones. The act of stimulating these hormones in very low levels appears to help the body sustain lean body mass while dieting.

As part of Dr. Emma's Weight Loss Program, the HCG hormone is administered by injection. The tiny needles are basically painless and extremely easy to self administer. This method is the only proven method to get HCG into the bloodstream. Our provider will walk you through the process and ensure that you are 100% comfortable upon initiation of the program.

How DOES HCG work?

Your diet will be customized based on your current weight, age, sex and weight loss goals.

Our medical staff will generate your diet plan and counsel you on the initiation and progress of your diet to ensure that you are comfortable with your weight loss goals.